



CHIPPEWA MANOR connections

▶ A Look at What's Happening Around the Chippewa Manor Campus ◀

Brandon Thorsness, NHA • Chippewa Manor Corp., President | Chippewa Manor Nursing and Rehab Administrator • Shannon Small • CM Residential Living Director

NEW MEDICARE CARD



A new Medicare Health Insurance Card is going to be distributed beginning this April.

▶ New Medicare Card Coming

Follow the steps below to safeguard your personal information

By Jennifer Buescher

Accountant, CMNR Business Office



You've probably heard the news - new Medicare cards are coming!

Starting April 2018, Medicare will automatically mail new Medicare cards to all people

on Medicare, to help protect you from identity fraud. Social security numbers are being removed from all Medicare cards to make them safer. Your new card will have a new Medicare number that is unique to you, keeping your personal information more secure and aiding in the protection of your identity.

The timetable for this huge mailing project spans one entire year, April 2018 – April 2019 and will happen in waves. Wisconsin's mailing schedule is simply stated as after June 2018. Keep in mind a mailing of this magnitude will take time. Your neighbor may receive his/her new card and yours may still be weeks away from arriving.

Once you receive your new Medicare card, take the following steps:

1. Destroy your old Medicare card right away.

2. Keep your Medicare Advantage Card: If you're in a Medicare Advantage Plan (like Aetna, Humana, Security Health), your Medicare Advantage Plan ID card is your main card for Medicare – you should still keep and use it whenever you need care. Continue to carry your new Medicare card, as you may be asked to show this as well.

3. Use your new card with your doctor and other health care providers.

4. If you are residing at Chippewa Manor Nursing & Rehab, or receiving rehab services at Chippewa Manor Nursing & Rehab, when your new card arrives, please stop by the CMNR Business Office so a copy of the card can be made to assist us with the filing of any claims related to your stay.

5. Beware of people who may contact you asking for your Medicare number, personal information, or stating that you need to pay a fee for your new card. Treat your Medicare number like your social security number or credit card numbers. Remember, Medicare will never contact you uninvited to ask for your personal information.

For more information about your new Medicare card, visit go.medicare.gov/newcard.

MANOR MATTERS

News, Notes & Tidbits

CM Joins in Hunger Week

By Wanda Martell

Dietary Manager

ANFP-Association of Nutrition & Food-Service Professionals, along with Chippewa Manor, would like you to join us in participating in Hunger Week; April



9th-13th.

Millions of Americans live in "food insecure" households – meaning they don't have access to consistent, nutritionally balanced meals.

WE NEED YOUR HELP!

We will be collecting non-perishable foods for our local food pantry. There will be a table in the Chapel of Resurrection for donated items.

Thank you for helping us fight hunger in our community.



Chippewa Manor

www.chippewamanor.com



S O C I A L S E R V I C E S D E P A R T M E N T

► The Hub of All of Our Communications

Our Concierge and Receptionist employees play important roles on campus



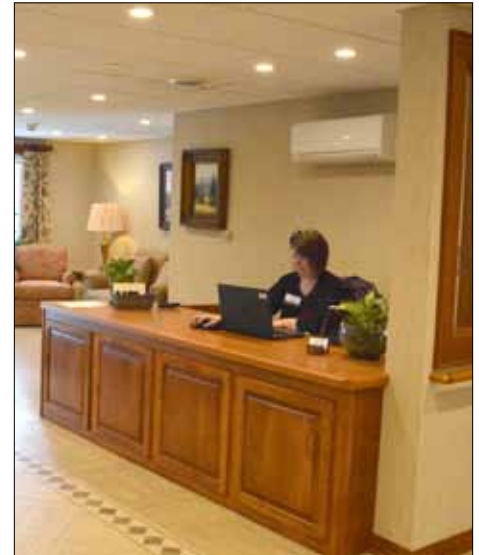
By Rose Frederick
Communications Director

The lobbies of Chippewa Manor Residential Living and Nursing & Rehab are a busy place with residents and clients coming and going, friends and families coming to visit, etc. At CMNR, our Nurses' Station is nearby, and at CMRL, the Dining Room and elevator are in close proximity. Needless to say, there is a lot of communicating going on.

To keep things running smoothly in these areas, we have a special group of employees stationed to help. At CMRL we have a concierge available weekdays from 8 a.m. to 4:30 p.m.. At CMNR we

have a concierge weekdays and receptionists week nights and weekends in the nurses' station from 8:00 a.m. to 8:00 p.m., seven days a week, to direct visitors and others, take phone calls, assist nursing with a variety of paperwork, and so much more. These employees interact with clients, make guest meal & Family Meeting Room reservations, conduct campus tours on weekends, help clients with phone calls, distribute mail, you get the idea.

A sincere thank you to all our concierge and receptionist employees, who help make our days smoother, brighter and happier by being who they are, what they do and how they do it, as they support Chippewa Manor's mission of Comforting God's People.



S O C I A L S E R V I C E S D E P A R T M E N T



► Great Suggestions for Improving the Quality of Your Life



By Mary Proue
Director of Social Services

With spring upon us, now it is time to come out of hibernation. I recently read an article about improving the quality of life and ways to do that.

Here are a few suggestions that can help get you moving in a positive direction.

- **Get regular physical activity.** Exercise can improve mood, sleep quality and relieve stress, anxiety and depression. On campus we have exercise groups at least twice a week and even just a walk in the hallway or a walk outdoors now that the weather is getting nice will help.

- **Try new intellectual challenges.** Solve crossword puzzles,

brain teasers as well as reading and writing are ways to keep your mind stimulated. We have large print library books at CMN&R and a great library on third floor at CMRL for your reading enjoyment. Check it out!

- **Stay connected.** Social interaction is essential to improving quality of life. Check out the many activities that are offered on campus that can keep you connected to others. There is musical entertainment, religious programs, card games, other games, movies, bingo etc. or just sitting in the lobby areas.

- **Get better sleep.** Staying active in mind, body and spirit to your ability will overall help with creating a better quality of life. Enjoy the many activities offered here on campus.

Happy Spring everyone!!!

ACTIVITY DEPARTMENT

▶ Heart Fund Tradition Continues

Spring Thrift and Bake Sale just around the corner



A very big thank you to all of our 2018 American Heart Association Heart Fund Drive Sponsors.



By Katie Kassing
Activity Director

Every year the Chippewa Manor participates in the fight to prevent heart disease with the American Heart Association through our Heart Fund Drive!

This year, I am pleased to announce we raised \$1,800! Thank you to all who donated and made this month-long event such a big success!

Thank you to all our local businesses that donated and made our party what it was! Finally – a heart-felt thank you to Jennifer from the AHA for coming to celebrate with us and, to our two hard-working volunteers, Char

Vodak and Christina Lindberg for your time and effort!

Our Spring Thrift and Bake sale will be April 19th from 12:30 to 3:00 p.m. in the Dining Room at Chippewa Manor Nursing & Rehab! This is a great time to do some spring cleaning and bring things to our sale. We will be accepting donations beginning Monday April 10th. We accept clean, lightly used clothing, housewares, and small furniture items. And we can't forget baked goods. We welcome your baked goodies on the day of the sale.

All proceeds from this sale are used to provide entertainment our our campus.



One of the highlights of Chippewa Manor Week is our annual Balloon Lift-off! Don't miss it!

▶ Chippewa Manor Week: A Time to Celebrate!

May is the time of year when we celebrate Chippewa Manor Week! This year's theme is "Celebrating Life's Stories." Just from our Over 90 party, we know we have many life stories to celebrate indeed! We have many fun activities planned such as: Mother's Day Tea, our Balloon Lift-Off, Musical Bingo, and many more things! Just don't forget to check out and like our Facebook page or just stop on in and see us to find out more about what's happening on campus!



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facebook

www.facebook.com/chippewamanor

DINING

▶ Rhubarb Rolls

A spring-time, sweet treat that everyone will enjoy



By Joe Schachte
CMRL Chef

Spring is in the air and it's time to think about fresh treats to share! Here's a favorite to try on your friends

and family that is bound to be a hit.

Spring Rhubarb Rolls

Ingredients

- 1 cup water
- ½ cup butter
- 1 cup sugar
- ¾ cup milk
- 3 tablespoons butter
- 3 cups finely chopped rhubarb
- 2 cups all-purpose flour
- ½ teaspoon ground cinnamon
- 1 tablespoon baking powder
- 1 cup sugar
- ¼ teaspoon salt

Directions

1. Preheat oven to 350 degrees. Lightly grease a 9x13 inch pan.
2. Bring water to a boil in a small saucepan. Dissolve 1 cup sugar in boiling water, then add 3 tablespoons butter. Remove from heat, and set syrup aside to cool.
3. In a large bowl, whisk together flour, baking powder, and salt. Cut in ½ cup butter. Stir in milk; mix lightly. Roll out on a floured surface into a rectangle shape about 12 inches long.
4. In another bowl, combine rhubarb, cinnamon, and 1 cup sugar. Spread evenly over roll, leaving a ½ inch edge. Roll dough tightly lengthwise, and seal the seam. Cut into twelve 1-inch sections. Arrange rolls in prepared pan. Pour syrup over rolls.
5. Bake in preheated oven for 40 minutes, or until lightly browned.



R E S I D E N T I A L L I V I N G

► **Beighley Named Housekeeping Supervisor at Residential Living**



By Shannon Small | *Chippewa Manor Residential Living Director*

As most of our residents know, Pat Beighley (shown at right) was recently named Housekeeping Supervisor for CMRL! Pat has been a Chippewa Manor team member since October 1996, so she is a familiar face to so many on campus. Pat started at Chippewa Manor in the housekeeping and laundry department at Nursing and Rehab. She's also been a part of the CMRL housekeeping department since 2013. Pat enjoys spending time with her family and especially her grandkids.

Pat has taken over for Johanna Matthaai, who has moved on to a new and exciting adventure, allowing her to work from home. Johanna was a great team member at CMRL and she will be missed.



Giving Back!

By Katie Kassing | *Activity Director*

The month of April contains Volunteer Week! Volunteers help with so many tasks around the Chippewa Manor campus, from religious services to pretty nails, bingo, music on Fridays, community outings, and bake sales. The list can truly go on, and it is just a blessing to have the group of volunteers we have here at Chippewa Manor. I recently had a great opportunity to sit down and talk with one of our long-time volunteers, Jean Oliver. We talked about a variety of things. Below you will find her reflections.

JEAN OLIVER - CM Volunteer "Reflections"

"I was a rehab patient here (at CMNR) four times, and each time I was here I was treated so beautifully, I loved the staff, I always get a smile, and I couldn't give them up. I didn't want these people out of my life. It is truly home away from home. So I spoke with Cindy, the previous Activity Director and she said go to Pretty Nails. I have so much fun doing this because it's a one-on-one experience and they can come if they want! I do just about everything I can, from Pretty Nails, bake and thrift sales, wrapping Christmas presents - anything and everything. I love volunteering here, it's such a great place!

"Volunteering has given me such a warm feeling of fulfillment in my heart. I've gotten to meet so many people. I've talked to many people about volunteering! It's such a warm and welcoming place. Just try it! For some people it's difficult to meet new people and it's hard for people to make a change, but like our Pretty Nails, we get one person just once and they keep coming back!"

For more about volunteer opportunities at Chippewa Manor, please call Katie Kassing in Activities at 715-723-4437.

Are you looking for an opportunity to "giveback" or just to be part of some fun and engaging activities?



Volunteer at Chippewa Manor



For more information about opportunities and schedules stop by our business office or call Activity Director Katie Kassing or Communications Director Rose Frederick at 715-723-4437.

P R E S I D E N T ' S N O T E S

► Exciting New Updates On the Way at CMNR

Watch for remodeled Client Rooms, Social Services, Main Lobby and lots more!



By Brandon Thorsness
President, CM Corp., CMNR Administrator

For those of us who dislike the cold and snow – good times are slowly but surely returning to our neck of the woods!

As we begin to see new forms of life emerging around us outside, day by day, Chippewa Manor has some exciting new developments happening inside its walls this spring and summer as well.

Our last major project was the addition of “The Spa,” and soon clients and visitors of Nursing & Rehab can look forward to a new convenience store; remodeled Social Services office space; updates to the main lobby, and several updates to our client rooms. Some of this work has already begun - the rest will begin in the next few weeks.

As always, we remain focused on delivering our top-notch, quality care in the comfort of a modern facility. Watch for these exciting new changes coming soon to our campus.

N U R S I N G D E P A R T M E N T



Left: Director of Nursing Karen Davis offers a hug of congratulations to Jess Young. **Right:** Courtney Mudrick receives a pin recognizing her 10 years of employment with Chippewa Manor during the annual Employee Recognition event.

► Celebrating Milestones of Time & Service

Nursing Department recognizes long-term, professional service of its employees



By Karen Davis
Director of Nursing

Every year at Chippewa Manor, we celebrate milestones in employees' years of service. As part of the celebration, we host a special dinner inviting spouses or guests. It is an annual recognition of employees and it was recently held on March

1st.

This year we celebrated four of our Nursing Department employees for their service. These employees were:

- **Linda Wright**- Linda is an Registered Nurse (RN) who works the night shift as a wing nurse and a charge nurse. She has been with Chippewa Manor for 10 years.
- **Courtney Mudrick**- is an RN who is our day-shift Nursing Care Coordinator. She has been with us for 15 years.
- **Jess Young** - Jess is a Certified Nursing Assistant who works night shift. She has been part of the Chippewa Manor family for 20 years.

- **Laurie Ewings** - Laurie is an RN who works dayshift on the rehab wings. She has been with Chippewa Manor for 20 years.

These four individuals combined, have given Chippewa Manor 55 great years of professional service.

We are a committed staff, working together to accomplish our mission, to Comfort God's People. It is that mission that keeps us going when times are tough. The entire Nursing Department, along with the rest of the Chippewa Manor staff, truly enjoy what we do. We are a team and support each other, bound together by our common goal to provide the very best for all who come here.

Other staff also recognized at the event included: Mary Beystrom, CMNR Housekeeper, 10 years of service. Shannon Small, CMRL Director, 5 years of service.

Reminder: National Nurses' Day is celebrated annually on May 6 to raise awareness of the important role nurses play in society. It marks the beginning of National Nurses' Week, which ends on May 12, (Florence Nightingale's birthday). Wish a nurse Happy Nurses' Day!

Gift Certificates From The Salon are Great for Mother's Day!



By Deb Rykal | *Cosmetologist, The Salon*

Mother's Day will be upon us soon. Be sure to book your appointment to ensure a time that works for you. And don't forget - gift certificates from The Salon are a great gift for moms!

Here are a few style tips from The Salon:

1. Use a pick instead of a brush to keep your style looking its best, brushing can make the hair fussy and add static

2. Never pull on wet hair, it can cause damage, gently detangle
3. Get a haircut every 6 weeks to keep your style looking best
4. Satin pillow cases help keep down static and help keep your hair in place while sleeping
5. We offer hair thickening products shampoo, conditioner and spray for more volume and fullness
6. Hair color enhances your style and adds body and shine
7. A self-tanner offers a kiss of sun and moisture to your skin



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CHAPEL OF THE RESURRECTION

▶ A Word of Comfort: The Power of a Great Team



This month is the 33rd anniversary of the beginning of my ministry at Chippewa Manor. I continue to be grateful for what God has done and I am excited for what is yet to come. The Lord has blessed

the Chapel of the Resurrection with a wonderful team of people who carry out the Chapel's ministry. The coming together of so many didn't happen overnight. One by one new people began to come to the Chapel. In time we were able to match their gifts and talents with a particular ministry need we had. Each person has their own story of how they providentially came to serve here at the Chapel.

Following our Chapel remodeling over 10 years ago, we began to see more and more people from the larger Chippewa Falls community make their way to the Chapel. Over time many of them have come to consider the Chapel their home church. With these people joining us, more ministry opportunities arose. We currently have four musicians who provide excellent music for the Sunday Community Worship Service. In addition, we have added singers to help lead music during

communion. We also have a growing group of folks who are available to assist in the distribution of communion.

Many of those who assist during the worship service pull double duty through assisting Chippewa Manor residents to and from the Chapel. Also, with the implementation of our ALPHA program last year, a group of four worked together to make that a blessing to many. The positive results are evident in the lives of many at Chippewa Manor. We have a great team that does great things for great people.

Over the past 33 years we have witnessed God's favor in seeing countless lives encouraged and inspired through the work of all who participate in the Chapel ministry. It is stated on the cover of our Sunday bulletin that the Chapel of the Resurrection is a "Sanctuary of Transformation." We have seen many people over the past 33 years who, at some point in their lives, turned away from the Faith and in many cases had completely dropped out of church. Whether they had been hurt by others or frustrated by not finding meaning in it, they no longer saw the connection between faith and the everyday business of living. Then, in



coming to the Chippewa Manor, and then by God's gracious timing, responding to an invitation to attend the Chapel service, they rediscover faith's importance and meaning. Also, there have been many, who in coming for a short-term rehab stay at Chippewa Manor, became involved in the Chapel, and since returning home, continue to worship with us in our weekend services.

Please join us for our Community Worship Service on Sunday mornings at 10:00 a.m.

-- By The Rev. , Dr. Robert B. Hoekstra
Chippewa Manor Chaplain