

# What's the Difference?

*There are a variety of different environments available for post-hospital rehabilitation, senior living, assisted and elder care. So how do you know what each does and even more importantly, how do you know which is the right environment for you? Here is a guide to help you understand some of the industry jargon and assist you in choosing the type of facility that is best-suited for your needs.*

## ▶ **Skilled Nursing Facility (SNF)**

A Skilled Nursing Facility (SNF) is an in-patient rehabilitation and medical treatment facility that is staffed around the clock with trained healthcare workers. A SNF provides medically-necessary services of licensed nurses, physical and occupational therapists and speech pathologists. Skilled nursing facilities give patients round-the-clock assistance with healthcare and activities of daily living (ADLs). Most skilled nursing facilities are covered, at least in part, by private health insurance or else Medicare or Medicaid. Clients in a skilled nursing facility usually remain on-site in a temporary capacity (usually 2-3 weeks) while undergoing medically-necessary rehabilitation treatment. *Chippewa Manor Nursing and Rehab is a SNF, that offers long-term care and hospice options as well.*

## ▶ **Nursing Home or Long-Term Care (LTC)**

A nursing home is a permanent residence or long-term care environment for people in need of custodial, high-level or constant healthcare services 24/7. Nursing homes or LTCs are equipped to specifically care for those who are unable to look after themselves as they age or deal with critical illness.

## ▶ **Residential Care Apartment Complex (RCAC)**

A Residential Care Apartment Complex (RCAC) is a senior living environment that provides private apartment-style living. Independent and assisted living services can be provided. An RCAC can provide up to 28-hours of services a week. Services are provided by health care professionals and are overseen by a licensed or registered nurse. Care is available 24-7. Services can include supportive care, personal care, nursing services, and emergency assistance. Apartment sizes, amenities offered and types of services can vary based on the individual facility. *Chippewa Manor Residential Living is an RCAC, offering both independent senior apartments for those 55-plus and assisted living services in the privacy of an individual's apartment.*

## ▶ **Community Based Residential Facility (CBRF)**

A Community Based Residential Facility (CBRF) is a care facility that provides up to three hours of nursing care per week. CBRFs are categorized by size and the residents' care needs. Most CBRFs allow an individual to live in a small, bedroom-suite environment. Kitchen, bathrooms and shower facilities are often shared among residents. A CBRF provides residents with some functional independence in a setting that allows maximum freedom while ensuring personal safety. Care staff is on site at all times.

## ▶ **Memory Care (MC)**

Memory Care (MC) is a Community Based Residential Facility (CBRF) equipped to care for residents with varying cognitive and physical needs such as dementia, memory loss, Alzheimer's and advanced age.

## ▶ **Adult Family Home (AFH)**

Adult Family Home's (AFH) are 3- or 4-bedroom facilities that can provide up to seven hours of nursing care per week. Adult Family Home's may provide care for residents with dementia, mental and physical disabilities, advanced age, and traumatic injuries. Care is provided on-site, often by live-in caretakers.

## ▶ **Want More Information?**

Please call (715) 723-4437 or email [info@chippewamanor.com](mailto:info@chippewamanor.com)

