



CHIPPEWA MANOR connections

► A Look at What's Happening Around the Chippewa Manor Campus ◄

Jill Gengler, NHA • Chippewa Manor Corporation, President | Chippewa Manor Nursing and Rehab Administrator

P R E S I D E N T ' S N O T E

► Exciting New Role Changes

Chippewa Manor celebrates several new positions on campus



By Jill Gengler
*Campus President
CMNR Administrator*

We are so blessed to have an amazing team of professionals working here at Chippewa Manor. I am

thrilled to share some fantastic news regarding key appointments and role changes on our campus!

These updates are designed to enhance our exceptional care and service while fostering the growth and development of our remarkable team.

• **Tristi Crawford** will step into the role of Director of Social Services effective January 1, succeeding Mary Proue upon her retirement. With an impressive 27 years of experience and a steadfast commitment to our mission, Tristi is well-positioned to uphold the high standards of care that our residents have come to know and appreciate.

• **Melissa Halseth** will assume the responsibilities of Leasing Agent as part of her promotion to Director of Residential Living, succeeding Morgan Anderson, who is relocating to be closer to family.

With over 20 years of experience managing Banbury Place apartments and a deep understanding of the Chippewa Manor way, Melissa is well-prepared to lead at CMRL and provide valuable support in payroll, HR and other related functions.

• **Brooklyn Sloop** has been promoted to Wait Staff Manager at CMRL. In her new capacity, Brooklyn will oversee dining room services and lead the dining team while retaining some of her previous billing and administrative duties.

• **Holly Kroll** will transition to CMRL as our new Concierge, where she will support Melissa and help advance the experience for residents, families, and visitors. Holly's presence will ensure that every interaction at CMRL is positive and unforgettable.

MANOR MATTERS

News, Notes & Tidbits

Volunteer Spotlight

By Christina Lindberg

Director of Campus Activities



Every Tuesday, residents at Chippewa Manor Nursing & Rehab eagerly look forward to a special visitor, Stryker, the gentle black lab who arrives with his owner,

Lisa Carey, one of our dedicated volunteers. Together, Lisa and Stryker have been brightening our community with their weekly visits for over 6 months. **Lisa and Stryker are shown below during a recent visit.**

Stryker's calm presence brings comfort and joy to everyone he meets, while Lisa shares warm conversations and friendly support. For many residents, petting Stryker or seeing his wagging tail sparks beautiful memories and lifts spirits.

Lisa says, "Stryker and I both enjoy spreading a little love, hugs and smiles! It is nice to see faces light up when Stryker walks in!"

After coming to live with Lisa's family, she realized Stryker needed to work a bit to feel happy and useful. So, when she came in asking about spreading a little doggy love to our residents, we jumped on it. They began the following week and the rest is history!

As a guide dog, Stryker was trained to work behind the scenes and not

Volunteer Spotlight | *Thank you to all who make a difference!*



to be touched. He has wonderfully switched to being an "official hug-giver" by greeting those he meets with a wagging tail and soft touch.

We are so grateful to Lisa and Stryker for their time, love, and dedication. Their presence reminds us how powerful a simple act of kindness—and a wagging tail—can be.

Our community thrives because of the generous individuals who give their time, talents, and hearts to support our residents.

NURSING DEPARTMENT

► Special Poem Praises Attention to Personal Care

Poem and Artwork by Barbara J. Dunham

CMNR Rehab Client

*29 years. She's been bathing residents for 29 years.
And I am now one of them. Too broken to bathe myself.
So very grateful she is willing to do it for me.*

*So gentle and thorough. Warm water soothing my skin:
The luxury of lotion, and the basic joy of being clean. She
calls it my "spa treatment," trying to ameliorate my self
consciousness.*

*When it is done and I am dressed, I try to make eye
contact to express my gratitude. She glances away, side-
stepping my attempt to connect.*

*Bath day comes again and my "Madonna" gifts me
something I need. I tear up at the gesture. The mask
slips, she comforts me. I learn her mask is there for her
- protecting her from the tears of empathy for those she
helps. She tells me a personal story and why she performs
this service. She tells me, in the end, this is her calling. This
is what she does - this is who she is.*

True nobility. My "Madonna of the Bath."

• Dedicated to Tonia Herrick, with love and undying
appreciation. Tonia is a CNA and bath aide who has been
Comforting God's People at Chippewa Manor for over
three years.



SOCIAL SERVICES



► A Review of Patient and Resident Rights

Reminder that freedoms you enjoy as U.S. citizens extend to assisted living & rehab care



By Mary Proue | *Director of Social Services*

In the United States the first ten amendments to the constitution are called the Bill of Rights. They afford all citizens specific freedoms in this country such as freedom of speech, press, and religion. As citizens of the U.S., we know about these rights, but did you know that all these rights carry over to you when you enter an assisted living or a skilled care facility such as a nursing home or rehabilitation center?

Wisconsin law provides that all clients of these facilities have certain rights in addition to their other civil and legal rights. I thought I would share some of these rights with you and assure you that Chippewa Manor has very firm policies in place to protect and promote these rights. Some of the rights include: the right to be treated with courtesy, respect and full recognition of the client's dignity and individuality by all employees; the right to privacy when receiving care and in handling of medical records; the right to self direction (meaning clients can make their own decisions related to activities, daily routines, use of personal space, making medical decisions, how to spend one's time and other aspects of daily living); receiving and sending mail unopened, participation in client/ family groups; have access to visitors; voice grievances, complaints and comments; live in a safe environment; and to be free from physical, sexual or emotional abuse, neglect or financial exploitation or misappropriation of property.

If you would like more information about your rights here on the Chippewa Manor Campus, feel free to stop in the Social Services Office or ask to speak with me or Tristi. I hope you all have a wonderful fall, enjoying its splendid colors and cooler temperatures.

C O M M U N I C A T I O N S

► Wisconsin's Abundant Waterfalls



By Rose Frederick
Communications Director

When we think of our beautiful Wisconsin scenery, our forests, lakes, and rivers quickly come to mind. But Wisconsin is also home to over one

hundred waterfalls!

Northern Wisconsin, specifically Ashland, Bayfield and Washburn counties, has several that can be seen in one weekend with careful planning.

Beginning in Ashland there is Potato River Falls which has two waterfalls, an upper and a lower falls. It is a one-mile hike between the two falls and visitors are advised to stay on the trails as other areas can be unstable.

Copper Falls State Park has multiple waterfalls and beautiful canyons. Portions are ADA accessible. While there is a no pet policy, the well-fenced trail is good for children. Morgan Falls is said to be one of the most unique waterfalls

in Northern Wisconsin and offers a mostly flat one-mile hike.

In the Bayfield Peninsula there are small waterfalls with stunning scenery along Lake Superior. At Houghton Falls, one can walk through a beautiful, ancient sandstone gorge, past a small waterfall and out to small cliffs on Lake Superior.

Lost Creek Falls is near Cornucopia and offers a very dynamic waterfall with a flat two-mile hike. Meyers Beach Lakeshore Trail has seasonal waterfalls off cliffs emptying directly into Lake Superior. Best to visit after a heavy rainstorm!

Amnicon Falls State Park is a one-hour drive from Duluth and contains several waterfalls with a beautiful picnic area and an iconic covered bridge. Pattison State Park has one of the tallest waterfalls, Big Manitou Falls, with a height of 165 feet! There is also a Little Manitou Falls you can view.

Sounds like a trip to visit some of the beautiful waterfalls in Northern Wisconsin should be on everyone's bucket list!

D I N I N G

► Soft Delight!



By Wanda Martell
Dietary Manager

Soft chocolate chip pudding cookies are the ultimate treat—rich, chewy, and perfectly moist thanks to the secret ingredient: instant pudding mix. These bakery-style cookies melt in your mouth and stay irresistibly soft for days, making them a must-try for every dessert lover

Chocolate Chip Pudding Cookies

Ingredients

- 1 1/2 cups softened butter
- 1 cup brown sugar
- 1/2 cup white sugar
- 3 eggs
- 1 1/2 Tsp vanilla
- 1 1/2 Tsp baking soda
- 1 small box instant vanilla pudding
- 3 1/3 cups flour
- 2 cups chocolate chips

Directions

1. Combine butter, sugars, pudding mix, vanilla in mixing bowl
2. Beat until smooth and creamy
3. Add eggs
4. Gradually add flour & baking soda
5. Stir in chocolate chips- Batter will be stiff.
6. Drop by rounded spoonfuls onto ungreased baking sheets

Bake at 375 for 8-10 minutes

Makes around 8 dozen cookies



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► Get Skin and Hair Ready for the Changes of Fall



By Lissa Kuehn

Managing Cosmetologist - The Salon

In case if you blinked, this summer has come and is almost over already! Soon enough we'll be rolling into the beautiful season changes of fall.

As the colder weather and shorter/darker days slowly approach, we will start noticing the brilliance of colors in the leaves along with the trees showing off their vibrance and fullness one last time - then Boom!

You know what happens next! Just like that, Winter!

What happens outside the window impacts what happens to us too!

Fall is always a great point to start thinking about preparing ourselves. Of course, skin, hair and scalp will need some extra attention. Get ahead of the curve by taking a few preventative measures, which can go a longer way than you might think!

Visit The Salon so we can customize your specific needs with a plan just for you.

I look forward to seeing you soon!



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CHAPEL OF THE RESURRECTION

► De-cluttering Helps Us Focus on What Matters



By Rev. Carl A. Trapani

Chippewa Manor Chaplain

Let's be honest: somewhere in your house there is a drawer, a box, or an entire closet you haven't opened since the Bush administration.

(Whichever Bush doesn't matter now). Inside it? Stuff. Glorious, mysterious stuff. Cables to electronics you no longer own. Mis-matched gloves and socks. Candles, Tupperware lids, paperclips and dull scissors we always intend to sharpen, but never do.

We hang on to a lot of cheap junk, un-used or past-its-use stuff. We hang on to "good" stuff - bought for really good reasons too. Like that beautiful dinnerware set for special occasions. When you first got these things, they seemed important. Things you felt would make your life better. But they didn't. They just became stuff.

After a few years, these things—while still lovely and potentially useful—weren't nearly as valuable or important as they once seemed. Take that fancy dinnerware. It hasn't touched a table since the family reunion of

1997. If you were asked, "Would you rather have this china or a visit with your children or grandchildren?" I'm willing to bet the china would lose every time. So, why not sell the china and use the money to arrange a visit with your loved ones?

Now, I'm not saying to toss or sell everything you own. If that vase from your great aunt brings a smile to your face every time you look at it, keep it and keep smiling. But maybe, just maybe, it's time to start thinking about how to de-clutter your life. Hopefully as we age, we start to realize that our most precious commodity isn't our stuff. It isn't a vase, a set of rare coins, or a box full of birthday cards from 1982 - It's time. Time with family, friends, or just a good phone visit with someone you enjoy.

The stuff we hold onto isn't what defines us; it's the time we spend in love, laughter, and shared experiences that truly make our lives richer. Sure, we've been conditioned to believe that owning things is a way of showing success or security. But the truth is, the more we hold on to stuff, the more we miss out on what really matters: Spending

time with the people who mean the most to us.

When was the last time you laughed until you cried with your grandchildren, or shared stories with old friends over coffee? Those moments are worth infinitely more than any trinket or token we could keep. And honestly, when we're long gone, no one will remember the set of crystal glasses we bought at an estate sale. They'll remember us—the stories we told, the moments we shared, the love we gave.

So, as you look around at the clutter you've accumulated over the years, maybe it's time to ask yourself: Does this stuff bring me joy? Or would I rather spend my time with my children, grandchildren, or a dear friend? Perhaps it's time to sell or pass some of those items along, knowing they'll find a new home where they'll be appreciated—or simply make room for something even more valuable: time. After all, you've earned the right to spend your golden years not worrying about what's stuffed into closets and attics, but about how many more precious moments you have.

The real treasures in life aren't found in boxes or cabinets; they're found in the hearts of those we love.